

No room for spin

metronews.ca | tw

Lance Armstrong tells Queen of Daytime he didn't feel guilty about doping PAGE 34







om/metrohalifax

Public open to project

WEEKEND, January 18-20, 2013

Gottingen Street.

Proposed units not so affordable, too small, public meeting hears



HALEY RYAN

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North End community members say they are open to an affordable-housing project as long as it keeps larger families and the input of residents in mind.

During a public meeting at the Halifax North Memorial Public Library on Thursday night, members of the Housing Trust of Nova Scotia shared their proposals for two apartment buildings on Gottingen Street with half affordable housing, half market-rate units.

"There's a huge number of people out there that really need our help," said Ross Cantwell, member of the Housing Trust board of directors.

The 244 units proposed would be spread over two buildings in the properties at 2183 and 2215 Gottingen — the former MET Store and Diamond's



Bar site.

Commercial space is also planned at street level, which architect and board member Eugene Pieczonka said could bring grocery stores, cafes, or a health clinic to the neighbourhood

A one-bedroom affordable unit would be \$780 per month, while a two-bedroom would be \$980.

"It doesn't seem like the current residents could afford that," said Rhonda Britton, pastor at the Cornwallis Street Baptist Church. "It's a stretch."

Melinda Day echoed many other people's concerns that two-bedroom apartments wouldn't be enough for large families.

"This will only work when you get real excitement out of us, and family is important," Day said.

Area councillor Jennifer Watts said she could not champion the cause yet, but said the good, honest exchange had been helpful.

Cantwell said the next step is to form a group of community members to work with the Trust, and then meet with regional council to amend the property's height restrictions.

"We'll hopefully put a little more North End spin on it," Cantwell said.

GAMEON!

Pittsburgh Penguins captain Sidney Crosby smiles during practice at the Consol Energy Center in Pittsburgh this week. The NHL is back this weekend, with the puck dropping on a 48-game schedule starting Saturday night.

See Metro's preview on pages 32 & 33, GENET PUSKAR/THE ASSOCIATED PRESS

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WK

Province adding \$9M

Michelin to give \$64M boost to N.S. tire plant

Tire manufacturer Michelin rolled out positive news for Nova Scotia's troubled economy on Thursday, committing to a \$64.1-million expansion of its factory in the Annapolis Valley.

The factory is a mainstay of the area, providing 1,300 jobs making wide tires for commercial trucks, off-road vehicles and earthmovers.

Dana LeBlanc, president of Michelin Canada, said the investment means the company is planning to keep the positions in the province with 50 more jobs being added. "What a great day for Nova Scotia," he said. "This is rural Nova Scotia and you'll find that people in rural Nova Scotia like to stay here and have a great job."

He said the project will lead to a 3,000-square-metre addition to the existing facility, adding technology and production lines that will pump out truck tires.

The province will provide an additional \$8.9-million to the French multinational, provided the expansion is carried out and the jobs are created over the next eight to nine years. LeBlanc says the subsidy was one factor in the decision to keep expanding.

However, he said a stable workforce and location were also reasons jobs are staying on the East Coast

Michelin Canada has over 3,700 employees, with 3,500 of those working at Michelin's three tire production plants in Bridgewater, Granton and Waterville.

Premier Darrell Dexter said he had to ensure that Michelin didn't take the work out of the province.

"If we didn't compete and win these jobs, then they would go elsewhere and we'd be worse off without question," he said. THE CANDIAN PRESS



Premier defending Maritime Link report

Muskrat Falls. Plan to purchase electricity from N.L. remains best option for ratepayers: Dexter



ANDREW RANKIN
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Premier Darrell Dexter is defending a report released Thursday that champions the Maritime Link project while relying on data from Emera, the company proposing to build the \$1.5 billion subsea cable link that would transfer hydroelectricity from Labrador to Nova Scotia.

The report authored by John

Quote

"To be going on the assumptions of Emera, quite frankly, that has not always worked out in the best interest of Nova Scotia ratepayers. It certainly has for the shareholders of Emera." Liberal Leader Stephen McNeil

Dalton, president of Power Advisory in Carlisle, Mass., concludes the province would save an estimated \$400 million by purchasing electricity from the proposed \$7.7 billion Muskrat Falls project instead of from Hydro-Quebec.

"The assumptions that we've made are based on our professional judgment and informed by discussions that Emera has had and the government's senior energy officials have had with Quebec," said Dalton.

The comparison was based on the 35 year commercial contract for the hydroelectric development.

Dalton did not speak to Hydro-Quebec officials but said it would be highly unlikely the province could negotiate cheaper power with the Crown corporation.

Dexter ordered the independent study last September. Liberal Leader Stephen McNeil said the premier was determined to get a study in favour of the project. "For someone who is look-

"For someone who is looking at what is potentially tieing Nova Scotians to a potentially 35 year deal, pick up the phone and call Hydro Quebec," said McNeil.

Dexter dismissed criticisms of the report, arguing it conclusively showed it to be the best option for ratepayers. He argued the report would

He argued the report would have to stand the test of the Utility and Review Board that will decide whether to approved the Maritime Link project.

The report also concludes the transfer link would cost \$1.5 billion less than using a mix of wind and natural gas.



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metronews.ca WEEKEND, January 18-20, 2013

NEWS 05

Mission of Seafarers

Tugboat crew heading home to Central America

Eight men left stranded in Halifax after their decrepit tugboat was deemed a safety risk are scheduled to return to their homes in Central America on Monday thanks to donations raised by a local group

Helen Glenn, manager of the Mission to Seafarers, says the charity raised about \$7,000 in cash and has enough airline points to fly the men to Honduras and El Salvador.

The crew has been living aboard the ragged, 68-year-old vessel since Dec. 18 when it sailed into Halifax harbour to escape a winter gale.

THE CANADIAN PRESS



Dartmouth

Man charged with DUI after car crash

A man has been charged with possession of stolen property and impaired driving after a car crash on Breeze Drive in Dartmouth early Thursday morning. METRO

Phone scam

Police issue credit card fraud alert

Police are warning HRM companies of credit card fraud after at least two businesses were targeted in past weeks.

In the scam, police say a fraudster purchased a product over the phone with a credit card, had it picked up by a delivery service and then taken to another location.

The business was later told that the number was obtained fraudulently, and the credit card company wouldn't authorize payment.

Two local car companies had vehicles shipped to Ontario this way.

Police recommend only processing cards physically and checking the signature on the back against a piece of ID METRO

Probe confirmed for student loan security breach

Privacy questions.

RCMP also looking into disappearance of more than half a million documents: Assistant privacy commissioner



The assistant privacy commissioner of Canada says her department is part of a complex investigation into how the personal information of more than half a million Canada Student Loan borrowers was compromised.

Chantal Bernier said she expects the department's investigation to be completed in seven months. The RCMP and Human Resources and Skills and Development Canada, which oversaw the loans, are also conducting investigations.

"We're looking into the privacy breach, what happened, and on the basis of that we will make specific recommendations," said Bernier, speaking at a Halifax Chamber of Commerce event on Thursday.

She said new social insur-

She said new social insurance numbers might have to be issued to those affected.

"If the RCMP finds this

Quoted



"People will simply walk away from a business that is not

protected."

Assistant commissioner Chantal Bernie

could have gotten into the wrong hands, obviously very strong measures will have to apply. Unfortunately, we don't know yet what happened to that hard drive."

HRSDC first learned of the privacy breach involving 583,000 borrowers in November after reviewing another incident involving a lost USB key that contained the personal information of more than 5,000 people.

It was during that review that the department discovered that a backup external hard drive containing personal information for Canada Student Loan borrowers from 2000-2006 was lost at an HRSDC office in Gatineau, Que.

The information on the hard drive included borrowers' names, dates of birth, social insurance numbers, addresses and student loan balances.

WITH FILES FROM THE CHARLOTTETOWN GUARDIAN



Province Roue-ing the day Bluenose II relaunched?

Joan Roue, right, great-granddaughter of William James Roue, who designed the first Bluenose, talks with her lawyers Bob Belliveau, left, and Michael Blades of McInnes Cooper at the Law Courts in Halifax on Thursday. The Roue family, which claims ownership of the schooner's design, is suing the province for copyright infringement. Proceedings on Thursday dealt with mostly procedural issues. ANDREW VAUGHAN/THE CANADIAN PRESS

Stellarton. Decision to demote chief justified: Court

The Nova Scotia Supreme Court has ruled that the province's Police Review Board was justified to demote Stellarton's former police chief for discreditable conduct.

The Town of Stellarton sought the judicial review after the board concluded

Ambrose Heighton should be demoted instead of being fired by the town council.

In 2008, Heighton was accused of discreditable conduct for writing and distributing an unsigned letter alleging that several RCMP officers with the Pictou de-

tachment took part in sex parties and used drugs.

The Municipal Board of Police Commissioners found the complaint against Heighton credible and said he should be dismissed as police chief — a recommendation the town council imple-

mented

Heighton asked for a review of that decision, and the Police Review Board concluded that the dismissal was unnecessary and that instead he should be demoted one position in rank.

THE CANADIAN PRESS



metr⊕ metronews.ca WEEKEND, January 18-20, 2013 **NEWS**

Top court

Convicted N.S. condom-piercer taking appeal to Supreme Court of Canada

A Nova Scotia man convicted of sexual assault for poking holes in his girlfriend's condoms in the hopes of getting her pregnant is taking his appeal to Canada's highest court.

Craig Jaret Hutchinson

of Shelburne County received an 18-month prison sentence in December 2011 and lost his appeal with the provincial Appeal Court earlier this month in a 4-1 majority decision.

His lawyer says a notice of appeal was filed Jan. 10 in the Supreme Court of Canada, but no court dates have been set.

Luke Craggs says the Supreme Court of Canada must hear Hutchinson's appeal because the lower court decision wasn't unanimous.

Craggs says Hutchinson has been released from jail pending his appeal on a \$5,000 recognizance with his father as a surety.

Hutchinson's judge-only trial heard that he took a pin to his girlfriend's condoms in 2006 so that she would get pregnant and

not break up with him. The Halifax-area woman became pregnant and had an abortion, but she later suffered an infection of her uterus that was treated with antibiotics.

In his previous appeal, Hutchinson argued that the Nova Scotia Supreme Court's sentence was excessive, and that the woman voluntarily consented to having sex with him. THE CANADIAN PRESS

On the web

For more local news go to metronews.ca



Complaints pile up over snow removal in Halifax

Taking to social media. People use Twitter to vent their angst after the snow



HALEY RYAN

It wouldn't be winter in HRM without some complaints about snow removal.

Heavy snowfall late Wednesday created messy roads and traffic jams around HRM, with some drivers taking to Twitter to criticize how long it took plows to begin clearing the streets.

"It was a little bit slower because people slowed down like they were supposed to," Gordon Hayward responded Thursday about the long traffic lines.

Hayward, HRM's Win-Works superintendent, said he was pleased with the snow removal on Wednesday because the storm matched their plans for the first time this season.

"It's going to take a couple hours to make any plowable snow," Hayward said about why you don't see many plows



feedback. I'm pleased with snow removal ... I'm very

"Based

on citizen

comfortable."

Coun. Stephen Adams

on the streets right away.

'They'd be salting in front of that. It's just kind of a waiting game, once you start get-ting accumulations, you start plowing."

Hayward said there's no use to send plows on priority streets like Robie or North during rush-hour either because they would get stuck like other vehicles. Instead, during that time, he said they go in the opposite direction, or on side streets.

"You hear people all the time, they tweet, 'I've been sitting on Robie Street for two hours and haven't seen a plow," Hayward said.

"Well, unless it's in front of you, you're not going to. And the thing is, if it's in front of you, it's not going to make you go any faster."



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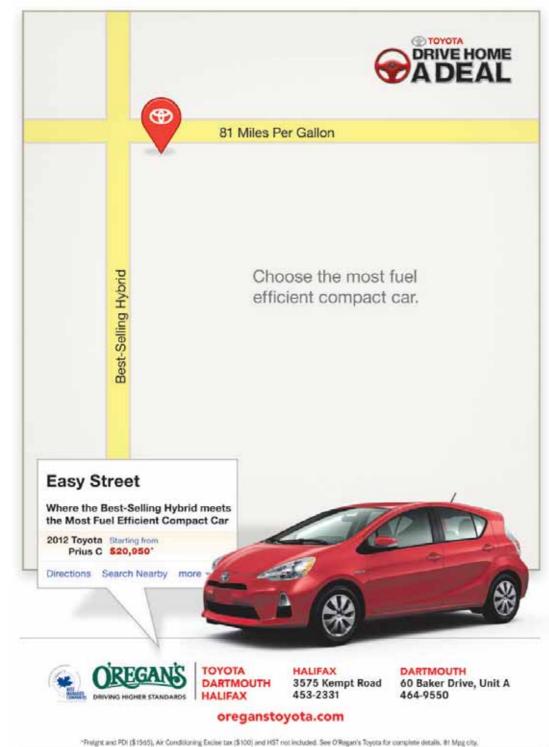
Twitter to criticize how long it took plows to begin clearing the streets

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metronews.ca WEEKEND, January 18-20, 2013 **NEWS**

Twenty five years and counting for Blue Rodeo

Jim Cuddy talks.

Canadian country rockers performing Friday in Halifax

JENNA CONTER

Jim Cuddy had given up on finding success.

Fronting a country rock band during the days of Van Halen seemed to present certain challenges.

"With no expectations," his band played every gig they could book and with the release of Try off their first album Outskirts, Blue Rodeo hit the airways where they have remained for 25 years.

"We gave up on the 'style of the day' and played this country rock that came really naturally to us and we loved it," Cuddy said in a phone interview.

Attracting fans seeking solace from heavy, head banging music, Blue Rodeo found their niche among the underdogs and unapologetically ingrati-

"We are trying to go back to the beginning of the band and pulling from that time."

ated themselves into the indus-

"We existed in the world of roots music and it continues to have a life to this day," he said.

The triumph achieved in the outskirts continued to build until it exploded with the 1993 release of Five Days in July, a mostly acoustic album went six times platinum during the hay day of grunge rock.

"There was a lot of people using digital technology to make their music back then but it was never something that we thought was better.'

As homage to this six-year period, the recently released, remixed and re-mastered, eight-disc box set, Blue Rodeo 1987-1993, takes the band back on the road.

- What. An Evening With Blue Rodeo
- When. Friday, 8 p.m.
- Where. Halifax Metro
- Tickets. ticketatlantic.

"I guess it was a shortest period of time that encapsulated the most significant events in the bands career," said Cuddy, who brings Blue Rodeo to Halifax on Friday night for a show at the Metro Centre.

In the midst of making a new record that, according to Cuddy, is a passionate record with lively music, Cuddy is excited to marry the old with the

"I think for us, that's the best way to celebrate 25 years of being a recording act," he said. "That's the way we have always tried to pursue our career.'



Pictou County fights poor rating

The leaders of Pictou County's six municipalities gathered in New Glasgow Thursday to collectively launch a campaign in reaction to last year's rating from MoneySense which pegged the community as the worst place in Canada to live out of 190 cities and communities compared.

Ottawa ranked No. 1 and Halifax was ranked No. 4.

Inspired by the movie Miracle on 34th Street, New Glasgow Communications Director Kim Dickson came up with the idea of sending postcards to the managing editor of MoneySense with notes from people in the community saying why it is such a great place to work and live.

The local UPS store donated 500 postcards for the campaign.

"We just thought it was a good idea," said UPS store owner Milton Gallant. "It's

all about community."

The postcard features a sunset photo of Melmerby Beach and inset photos intended to show the strengths of the area. On the back of the card is a checklist of numerous positive features about the re-

The MoneySense magazine categorized New Glasgow as part of a census agglomerate at 36,288

• Although MoneySense only lists it as New Glasgow, the town has argued that it is actually referring to a broader area which is why the other towns were asked to take part.

Crime. Police search part of homicide investigation

A police search that is part of a homicide investigation appears to have intensified on Thursday.

Cape Breton Regional Police major crime and forensic identification units were into their second day conducting an "article search" that was secured under a small tent and focused on a specific area of the bank at Renwick Brook by Dominion Street in Glace

Spokesperson Vassallo said police were fol-lowing up on information learned during the course of an investigation.

She confirmed at about 3:30 p.m. Thursday, the search was "wrapping up ... I don't think they are going back (today)."
Sources have told the Post

the two-day search was part of a homicide investigation. CAPE BRETON POST



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metr⊕ metronews.ca WEEKEND, January 18-20, 2013

Football star may be in on girlfriend hoax

Manti Te'o. Linebacker still spoke of his dead online love even after he supposedly learned she never existed

Not once but twice after he supposedly discovered his online girlfriend of three years never even existed, Notre Dame All-American linebacker Manti Te'o perpetuated the heart-breaking story about her death.

An Associated Press review of news coverage found that the Heisman Trophy runner-up talked about his doomed love in a web interview on Dec. 8 and again in a newspaper interview published on Dec. 11. He and the university said Wednesday that he learned on Dec. 6 that it was all a hoax.

On Thursday, a day after Te'o's inspiring story was exposed as a lie, Te'o and Notre Dame faced questions about whether he really was duped, as he claimed, or whether he and the university were complicit and misled the public, perhaps to improve his chances of winning the Heisman.

Te'o and Notre Dame ath-letic director Jack Swarbrick said on Wednesday that the player was drawn into a virtual romance with one "Lennay Kekua" and was fooled into believing she died of leukemia in September. They said his only contact with her was via the In-

ternet and telephone. Te'o also lost his grandmother — for real — the same day his girlfriend supposedly died, and his role in leading Notre Dame to its best season in decades put him at the centre of college football's biggest feel-good story of the year.

Relying on info provided by Te'o's family, the South Bend Tribune reported in October that Te'o and Kekua first met



"I lost both my grandparents and my girlfriend to cancer. So I've really tried to go to children's hospitals and see, you know, children."

Manti Te'o during an interview for WSBT.com on Dec. 8, two days after he said he learned

in person in 2009 and that the two had also gotten together in

Hawaii, where Te'o grew up. Te'o never mentioned or denied a face-to-face meeting in public comments reviewed

Notre Dame said Te'o found out that Kekua was not a real person through a phone call he received at an awards ceremony in Orlando, Fla., on Dec. 6. He told Notre Dame coaches about the situation on Dec. 26

On Wednesday, Swarbrick said Notre Dame did not go public with its findings sooner because it expected the Te'o family to come forward first. But Deadspin.com broke the story that day.
Chicago Tribune columnist

John Kass said the university's failure to call a news conference and go public sooner means "Notre Dame is com-plicit in the lie."

"The school fell in love with the Te'o girlfriend myth," he

THE ASSOCIATED PRESS

Germany. Lawyer claims up to 16 objects were left in patient after surgery

Surgeons left up to 16 objects in a man's body during an operation for prostate cancer, a lawyer in Germany claims. She is seeking more than \$100,000 US plus costs for the family of the patient, who has since died. Surgical slips such as these are rare, but with millions of operations performed worldwide each year, mistakes do occur.

According to Loyola University in Chicago, citing medical studies, some 1,500 patients in the United States have surgical objects accident-ally left inside them during surgery each year. Most of the objects are sponges used to control patient bleeding during long operations. They can lead to pain, infections and other medical complications.

Such cases have prompted doctors to coin the term "retained surgical items" and draw up guidelines to prevent them from occurring. These include accounting for all items after surgery — such as with the help of RFID chips — and using equipment containing special strips that show up clearly in x-rays. THE ASSOCIATED PRESS

Notable cases

- In March 2009, a Kentucky jury awarded a woman \$2.5 million after she needed surgery to remove a sponge left in her during a hysterectomy three years earlier. Part of her small intestine had to be removed.
- In Feb. 2010, doctors in the Czech Republic discovered a foot-long metal tube had been left inside a woman's abdomen five months after surgery. The clinic chief said four staff members had been punished.
- In Dec. 2011, a man in Ohio who had two towels left in his body after surgery won a \$275,000 settlement from the U.S. government.
- In Sept. 2012, a patient in Australia required a second operation after a surgical instrument was left in the abdomen.

Serbia. Smashable room all the rage, only \$6 a pop

A man looks around the room, lifts a metal baseball bat and wrecks everything in sight. This isn't a criminal onslaught: It's the Rage Room.

And it's smashing its way to success in Serbia, one angry visitor at a time.

Since it opened in the northern Serbian city of Novi Sad in October, the Rage Room has drawn a flurry of attention in a country where two decades of war, political crisis and economic hardship have driven many people over the edge.

Inspired by a similar "Anger Room" in Dallas, Texas, Serbia's version was set up by two teens who figured it could be a way to earn pocket money.

"On average, we have one

person a day, enough to keep us going," said Nikola Pausic. Included in the roughly \$6 fee is the right to smash a chair, a table, a bed, a coat rack and a bookshelf, along with items such as framed photographs, empty cans and plastic containers.

THE ASSOCIATED PRESS

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Video game casts players as rebels in Syrian civil war

ia's civil war challenges players to make the hard choices facing the country's rebels. Is it better to negotiate peace with the regime of President Bashar Assad, for example, or dispatch jihadist fighters to kill pro-government thugs?

The British designer of End-game: Syria says he hopes the game will inform people who might otherwise remain ignorant about the conflict.

Insulting or innovative?

"For those who don't want to read a newspaper but still care about the world, this is a way for them to find out about things."

Game designer Tomas Rawlings

Views differ, however, on the appropriateness of using a video game to discuss a complex crisis that has killed more than 60,000 people since March 2011. Computer giant Apple has refused to distribute the game and some observers consider the mere idea insulting. Others love it, and one fan from inside Syria has suggested

changes to make the game better mirror the actual war.

The dispute comes amid wider arguments about violent video games since last month's shooting in Newtown, Conn., that left 20 children and six adults dead. This week, the National Rifle Association revised the recommended age for a new shooting game after criticisms from liberal groups.

Tomas Rawlings, who designed the Syria game, said he got the idea while watching TV pundits debate the possible consequences of directly arming Syria's rebels, which Western nations have declined to do. He said he thought a game could explore such questions by allowing players to make choices and see their consequences. THE ASSOCIATED PRESS







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metre 12 NEWS metronews.ca WEEKEND, January 18-20, 2013

Jurors view Ashley's cell

What could guards see? Food slot and viewing window may be main focus of hearing into troubled teen's last hours

Inquest jurors paced the beige-painted segregation cell Thursday where a troubled teen choked to death five years ago as security guards stood watching her.

The tour of the Grand Valley Institution in Kitchener, one of five federal prisons for women in Canada, aimed to offer the jury better insight into the place where Ashley Smith, 19, spent the last weeks of her life.

"This was Ashley's cell," declared assistant warden Tony Simoes.

A key difference between how the cell was when Smith died in it and how it is now are the two large windows in the heavy grey door that would have given guards a better view of the interior.

The old-style doors, still on the three adjacent cells, have only a small viewing window



at about eye level and a "cuff port" or food slot closer to knee level.

Evidence about what guards could see of the cell interior is expected to play a role given that Smith frequently covered the interior surveillance camera and viewing window with toilet paper.

Bits of toilet paper are still visible on some of the cameras.

Dr. John Carlisle, presiding coroner, urged jurors to examine what would be visible if guards could only look through the food slot — about the size of a large mail slot.

"Just make observations," Carlisle advised the jurors.

Smith choked herself to death in her cell in October 2007, while guards, ordered not to intervene, looked on. THE CANADIAN PRESS

School staffer's claim

Boy, 13, accused of sex attack

A 13-year-old boy is facing charges after Peterborough, Ont., police allege a female staff member at an area school was choked and sexually assaulted.

Police say the woman said she was alone in a classroom with the boy when she was attacked.

He was charged with sexual assault and over-coming resistance to commit an indictable offence. He cannot be identified.

Public in danger?

B.C. gang wars worry police

Metro Vancouver police fear innocent bystanders may get hurt in the crossfire of what could be a return of gang-related violence in the region.

violence in the region.
Since Sunday, nine
people have died and five
others have been injured
in violent incidents.

RCMP Sgt. Peter
Thiessen said: "The potential for innocent people to be hurt is high."
THE CANADIAN PRESS

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metr⊕ metronews.ca WEEKEND, January 18-20, 2013

Terror-case Canadian Fracking fuss. Yoko Ono takes son Sean Lennon gets 14-year jail term

He's cleared of most serious charge. Man with links to Toronto and Ottawa convicted of supporting group in Mumbai attacks

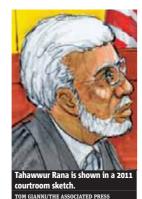
A Canadian businessman was sentenced to 14 years in prison Thursday for providing material support to overseas terrorism.

It was alleged Tahawwur Rana supported a Pakistani group whose 2008 attacks on Mumbai, India, left more than 160 people dead.

The judge sentenced Rana in a Chicago court to the prison term followed by five years of supervised release.

Rana, a 52-year-old Pak-istani-born Canadian, faced a maximum 30 years in prison.

Jurors in 2011 convicted him of providing support for the Pakistani group, Lashkar-e-Taiba, and for supporting a never-carried-out plot to attack a Danish newspaper that printed cartoons of the Prophet Muhammad in 2005.



cartoons angered many Muslims because pictures of the prophet are prohibited in Islam.

But jurors cleared Rana of the third and most serious charge of involvement in the three-day rampage in Mumbai, India's largest city, which has often been called India's

The government's star witness at Rana's trial was admitted terrorist David Coleman Headley, who had pleaded guilty to laying the ground-

American-Pakistani testified against his school friend Rana to avoid the death

He is scheduled to be sentenced in Chicago next week.

penalty and extradition.

Headley spent five days on the witness stand — taking up more than half the trial detailing how he allegedly worked for both the Pakistani intelligence agency known as the ISI and Lashkar.

Prosecutors also presented Rana's videotaped arrest statement to the FBI, during which he said he knew Headley had trained with Lashkar. They also played a September 2009 recorded phone conversation between the men.

Rana - who owned an immigration consulting firm in Toronto and a home in Ottawa — was accused of allowing Headley to open a branch of his Chicago-based immigration law business in Mumbai as a cover story and travel as a representative of the company in Denmark.

In court, a travel agent showed how Rana booked travel for Headley.

THE ASSOCIATED PRESS

on a protest over drilling

Yoko Ono, Sean Lennon and actress Susan Sarandon spoke out against fracking drilling technique — during a tour of natural-gas drilling sites in northeastern Pennsylvania on Thursday.

The celebrities said the technique is a danger to air, water and human health.

Ono accused the gas industry of disregarding residents' welfare. "They care about making money," she said.

The celebs headed to rural Susquehanna County to see gas wells, compressor stations and other evidence of the Marcellus Shale drilling

They also visited with residents who say they have been negatively impacted by drill-

Fracking involves the high-pressure injection of millions of gallons of water, along with sand and chemical additives, deep underground to break apart shale rock and

free the gas trapped inside it.

The industry and many federal and state officials say fracking is safe when it's done properly.

THE ASSOCIATED PRESS



Six-week protest

Queen rejects plea over Spence

Queen Elizabeth has rejected an appeal to intervene in chief Theresa Spence's liquids-only protest, but says she is taking note of concerns for the chief's health.

Spence is camped out on Victoria Island, in the Ottawa River, and says she will protest until the Governor General and the prime minister meet with all aboriginal chiefs. THE CANADIAN PRESS

Student loans

Lawsuits planned over missing info

The federal government is being sued over the loss of a hard drive containing information about half-amillion people who took out student loans.

Merchant Law Group is filing class-action lawsuits in Calgary and Winnipeg, and plans to file more in other parts of the country.

Ottawa says the device contained data on 583,000 Canada Student Loans Program borrowers.

THE CANADIAN PRESS

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metr⊕ **NEWS** metronews.ca WEEKEND, January 18-20, 2013

Subway sub-size matters.

Was the oven too cold for the bread to fully rise?

Subway, the world's largest fast-food chain, is facing criticism after an Australian man posted a picture on the company's Facebook page of one of its famous sandwiches next to a tape measure that seems to shows it's not as long as prom-

The footlong sandwiches are meant to be 12 inches, but the photo indicates the Australian's sandwich is just 11 inches.

In a response, Subway said

that the length of its sandwiches may vary slightly when its bread, which is baked at each Subway location, is not made to the chain's exact specifica-

"We are reinforcing our policies and procedures in an effort to ensure our offerings are always consistent no matter which Subway restaurant you visit," Subway said in an emailed statement

THE ASSOCIATED PRESS

San Francisco's new ban. Nudists say they're being stripped of their rights

A federal judge is set to consider San Francisco's new law that bans public nudity.

Public-nudity activists are requesting that U.S. District Judge Edward Chen on Thursday block the law from going into effect on Feb. 1 while he considers their lawsuit seeking to invalidate the ordinance.

The activists argue that the ban violates their 1st Amend-ment freedom of speech because their nudity is a political statement.

They also argue the law vio-lates equal-protection rights because it exempts children younger than five and public nudity at certain events such as an annual street fair, the city's Gay Pride Parade and its Bayto-Breakers foot race, which is noted for the wacky costumes or lack thereof —of partici-

Attorneys representing the city counter that the ban is a ers. THE ASSOCIATED PRESS



matter of public health, safety and the "general welfare" of all residents

The Board of Supervisors authorized the ban on a 6-5 vote last month after enduring several vocal and naked protests from nudists and their support-

Clearing up weather lingo

Easy, breezy jargon. Because you shouldn't need a degree just to understand the forecast

Ever hit a mental whiteout pondering the difference be-tween a winter-storm watch

and winter-weather advisory? The U.S. National Weather Service is looking at the idea that less is more when it comes to such jargon.

This winter, the federal forecasting agency is trying out simple, descriptive language to possibly replace its

Wa- wa- what're you saying?

"But then other people say, 'Well you know what, I've always been confused by 'watch' and 'warning' because they both start with 'wa.'

Forecaster Eli Jacks, about the reaction of supporters to his experiment that aims to make weather jargon less confusing.

14 watches, advisories and warnings for wintry weather
— from ice storms to blizzards, wind chill to lake-effect

"The purpose of this project is to use language that is self-evident, that everybody would immediately under-stand," said Eli Jacks, the forecaster leading the experiment.

The experiment began in December and runs through March 31 at 26 Weather Service offices covering Alaska, Oregon, the northern Great Plains, Michigan, New England, Appalachia and Oklahoma. A separate website for the project avoids confusing people who just want to look up the forecast.

The clear-and-simple approach could be carried over to heat waves, flooding, dangerous wind and other conditions, but that will depend on what the public has to say.

Reaction so far has been partly cloudy. Many people don't want to give up familiar terms that have been around for generations, Jacks said.

It is confusing. What is the difference between a warning and a watch? To just have it spelled out in plain English would be handy," said traveller Roger Longstreet said.

THE ASSOCIATED PRESS



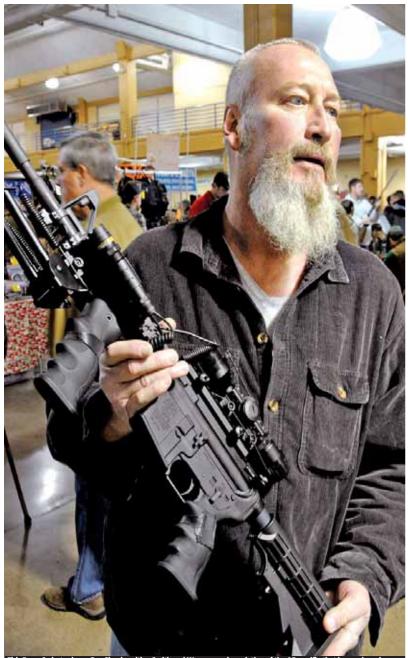
AUS Saturdays Hockey

Saint Mary's @ StFX Tomorrow at 7:00pm

In Brilliant HD on Channel 610



metronews.ca WEEKEND, January 18-20, 2013



This Dec. 28 photo shows Roy Shanks with a Smith and Wesson-made variation of the AR-15 rifle that he purchased at the RK Gun Show in the Smokies in Knoxville, Tenn. Rural lawmen and lawmakers are against U.S. President Barack Obama's gun-control plans, which would include banning new assault weapons and large-capacity magazines.

Rural U.S. pushes back against gun proposal

U.S. President Barack Obama's proposed ban on new assault weapons and large-capacity gun magazines struck a nerve among rural lawmen and lawmakers, many of whom vowed to ignore any restrictions.

"A lot of sheriffs are now standing up and saying, 'Follow the Constitution,'" said Josephine County Sheriff Gil Gilbertson, whose territory covers the timbered mountains of Oregon.

But their actual powers to defy federal law are limited. And much of the impassioned rhetoric from the largely rural,

Assault-rifle ban

"I will tell Mr. Obama and everybody else who wants to impose gun control in America that, whether you like it or not, it is against the law."

Richard Mack, former Arizona sheriff

Republican-leaning West and South amounts to political posturing until — and if — Congress acts on Obama's proposals to limit gun violence like last month's Connecticut

school shooting.

Senate Majority Leader Harry Reid, a Democrat, said Wednesday it's unlikely an assault-weapons ban would actually pass the House of Representatives. Absent action by Congress, all that remains are 23 executive orders Obama announced that apply only to the federal government, not local or state law enforcement.

Gun advocates have seen Obama as an enemy despite his expression of support for the interpretation of the Second Amendment as a personal right to have guns.

THE ASSOCIATED PRESS

Hostages freed, but death toll at Algerian gas plant unclear

Foreign captives.

Kidnapping was one of the largest ever attempted by a militant group in North Africa

Algerian special forces launched a rescue operation Thursday at a natural-gas plant in the Sahara Desert and freed foreign hostages held by al-Qaida-linked militants, but estimates for the number of dead varied wildly from four to dozens.

Militants claiming revenge for France's intervention against rebels in Mali seized the BP, Statoil and Sonatrachowned Ain Amenas natural-gas complex on Wednesday, taking dozens of foreign workers hostage

Algerian state television said Thursday that four captives, two Britons and two Filipinos, had died. But the militants said at least 35 hostages had died in the state's rescue attempt. There was no way to independently verify the toll in the remote location, 1,300 kilometres from Algiers.

The reports of high casualties have deeply disturbed foreign governments, prompting a number to criticize Algeria's operation. Britain's Foreign Office attempted to prepare the British public by saying, "We should be under no illusion

Statoil Statoil CEO Helge Lund, left, and director of foreign operations Lars Christian Bacher leave a meeting in Stavanger, Norway, Algerian forces raided a remote

Statoil CEO Helge Lund, left, and director of foreign operations Lars Christian Bacher leave a meeting in Stavanger, Norway. Algerian forces raided a remote gas plant on Thursday in an attempt to free dozens of foreign hostages at the BP/Statoil/Sonatrach-run facility. KENT SKIBSTAD, NTB SCANPIX/THE ASSOCIATED PRESS

that there will be some bad and distressing news to follow from this terrorist attack."

Islamists from the Masked Brigade, a Mali-based al-Qaida offshoot, said Algerian helicopters opened fire as the militants tried to leave the vast complex with their hostages. They claimed that 35 hostages and 15 militants died and only seven hostages survived.

seven hostages survived.

Algeria's official news service, meanwhile, claimed that 600 local workers were freed in the raid and half of the foreigners being held were rescued. Many of those locals were reportedly released on Wednesday, however, by the militants themselves. The associated press

Multinational terrorists

The Algerian government said it was forced to intervene due to the militants' stubbornness and their desire to escape with hostages.

Islamist militants. Communications Minister Mohand Said Oubelaid said the "terrorists are multinational," coming from several different countries with the goal of "destabilizing Algeria, embroiling it in the Mali conflict and damaging its natural-gas infrastructure."

Special court

Gang-rape trial to be fast-tracked

An Indian magistrate on Thursday ordered the trial of five men accused in the fatal gang rape of a young woman on a moving bus to be shifted to a special fast-track court in New Delhi. The first hearing is to be held there on Monday.

Lawyers for the five have said police mistreated their clients, including beating them to force them to confess to the Dec. 16 crime. A sixth suspect in the attack claims to be a juvenile and his case is being handled separately.

THE ASSOCIATED PRESS

Aurora shooting. Families of victims have different takes on theatre reopening

The Colorado cinema where 12 people were killed and dozens injured in a shooting rampage nearly six months ago reopens Thursday with a remembrance ceremony and private screening for survivors — but for some Aurora victims, the pain is still too much, the idea too horrific.

Several families boycotted what they called a callous public-relations ploy by the theatre's owner, Cinemark. They claimed the Texas-based company — which has been publicly silent since the July 20 shooting — didn't ask them what

Genuine gesture?

"Nobody is going to stop us from living our lives the way that we lived our lives before."

Tom Sullivan, father of victim Alex Sullivan

should happen to the theatre.

Some victims said it's important to reclaim the theatre. Others called its reopening insensitive and refused an invitation to attend.

THE ASSOCIATED PRESS

metr⊕ metronews.ca WEEKEND, January 18-20, 2013 **BUSINESS**

Britain says neigh to horsemeat

Horse burger scandal.

Tesco supermarket chain amps up damage control in wake of discovery that meat products contained up to 29% equine flesh

In Britain, a horse is a horse not a main course. Tesco, the country's biggest supermarket chain, took out full-page newspaper ads Thursday to apologize for an unwanted ingredient in some of its hamburgers: horsemeat.

Ten million burgers have been taken off shop shelves after the revelation that beef products from three companies in Ireland and Britain contained horse DNA. Most had only small traces, but one burger of a brand sold by Tesco had meat content that was 29 per cent horse. The contrite grocer told customers that "we and our supplier have let you down and we apologize."

"Some people say, 'I have a horse. It'd be like eating my grandmother."

Paul Webb, director of Exotic Meats, a company in the English Midlands that sells products including horse burgers.

Reaction to the scandal in Britain goes beyond concerns contaminated food. While people in some countries happily dine on equine flesh, in

the land of Black Beauty and National Velvet, the idea fills many with horror.

Labour Party environment spokeswoman Mary Creagh reflected the feelings of many when she said Thursday that eating horsemeat is "strongly culturally taboo in the United Kingdom."

She was echoing prohibitions in Western cultures that go back to 732 A.D., when Pope Gregory III declared horse-eating a pagan practice.



Conflict of interest? Flaherty attempted to influence CRTĆ on radio licence. letter shows

The Conservative government would not say whether it stands by its own accountability rules for members of cabinet after Finance Minister Jim Flaherty was accused of breaching the guidelines.

Carl Vallée, a spokesman for Stephen Harper, declined to say Thursday whether the Prime Minister's Office continues to endorse the rules on ministerial responsibility.

The controversy was sparked by news Flaherty had urged the federal broadcast regulator to grant a radio licence to a company in his Ontario riding even though the rules — posted on Harper's website — forbid ministers from trying to influence the decisions of administrative tribunals.

In his March 30, 2012 let-

ter to the Canadian Radio-Television and Telecommunications Commission, Flaherty praised Durham Radio Inc.'s ultimately unsuccessful bid to obtain a licence to operate a new FM station for the Toronto area.

The broadcaster, based in Flaherty's Whitby-Oshawa riding, was one of several applicants last year for the hotly contested spot on the FM dial. The company — which already has country and rock radio stations in Oshawa and Hamilton was proposing an easy-listening

In a statement to The Canadian Press, which unearthed the letter, Flaherty said he would "continue to be a strong advocate for the people and community I represent. It is my iob." THE CANADIAN PRESS

Provincial growth rates

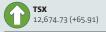
Gap narrows between the West and the rest

Bank of Montreal says the gap between economic growth rates in Western Canada and the rest of the country appears to be narrowing. The resource sector continues to fuel growth in Western Canada, but the bank says it will be slower.

The bank suggests Alberta's growth in the energy sector is being hampered by a lack of pipeline capacity and B.C. has been held back by a softer housing market. THE CANADIAN PRESS

Market Minute





\$95.49 US (+\$1.25)

GOLD \$1,690.80 US (+\$7.60)

Natural gas: \$3.49 (+5¢) Dow Jones: 13,596.02 (+84.79)







JAN. 19

place on a platform in front of the

Capitol building.

Sotomayor.

→ Biden is sworn in by

Justice John Roberts

Supreme Court Justice Sonia

Obama is sworn in by Chief

Obama delivers his inaugural

→ Obama and Biden participate

→ Evening: Inaugural Balls. The president and vice-president attend

 $\$4.2_{\text{million}}$ will be spent on preparing Capitol

grounds for the swearing-in ceremony mostly on the inaugural platform, bleachers and barricades.

SUNDAYS

Inauguration Day is always Jan. 20, but by

law inaugurations are never held on

Sundays, Since Jan. 20 falls on a Sunday this

year, the oath is then given privately on Sunday and then publicly on Monday.

35

is the amount of words in the oath

for the most powerful job in the world, the U.S. presidency.

TEXT: METRO WORLD NEWS; GRAPHIC: MIA KORAB; METRO WORLD NEWS

in an inaugural lunch with members of Congress.

with their wives.



metronews.ca WEEKEND, January 18-20, 2013 **VOICES** 19

HAPPINESS IS A WARM CONFESSION



THE LIST

It was the best of weeks, it was the worst of weeks. And it's not even over

Lance backpedals on Oprah, Lance Armstrong pedals an epic

two-part confession that he did in fact use performance-en-hancing drugs to win a record seven Tour de France titles. If he doesn't end up resurrecting his reputation, at least he's resur recting Oprah's ratings. Hey, it's not about the bike. Obviously, it never was.

Idle No More. You can say that again. Aboriginal people are mad as hell and they're not going to take it anymore. So they're barricading roads and bridges to make their point. But the spontaneous uprising seems to be taking more out of aboriginal leaders such as hunger-striker Theresa Spence and Assembly of First Nations Chief Shawn Atleo than original-target Stephen Harper, whose Teflon coating remains intact.

Idol again!? Hard to believe, but the talent show that started it all, American Idol, is in its 12th season. Unfortunately, it seems to have descended into a feud between Mariah Carey and Nicki Minaj, while the talent tries to get a few licks in edgewise. I never thought I'd say this, but what happened to the good old days, when professional A & R men identified The Next Big Thing?

Happiness is a warm nutbar. U.S. President Barack Obama unveils a package of gun-control measures, maintaining that weapons designed for a theatre of war have no place in a movie theatre, a reference to the mass shooting six months ago at a Colorado screening of The Dark Knight Rises. Gunslinger, er, Gov. Rick Perry of Texas angrily rejects any attempt to limit access to assault weapons and instead recommends that we "pray for help." It's worked so far ...

Madam, unhand that monkey. In the inevitable

court battle over who gets to keep Darwin the Ikea monkey, the people sheltering him have accused his erstwhile owner of, um, choking the monkey, hitting him with a wooden spoon, forcing him to live in a small crate and making him wear that ridiculous double-breasted shearling coat (OK, I added that last one). If God meant monkeys to go to Ikea, he would have supplied them with little Allen wrenches. Next case!

Bad Dreamliners. The entire fleet of Boeing 787s, the so-called Dreamliner, has been grounded as engineers try to figure out why the plane's batteries overheat. 0 While they're at it, they should also figure out why I always have to sit between the crying baby and the 400-pound man.

Happy birthday, Betty White. If you're worried life

has passed you by, consider Betty White. She turned 91 Thursday, but she's holding down a regular gig on Hot in Cleveland and this year launched Betty White's Off Their Rockers. Maybe you should Be Like Betty, and make today the first

day of the rest of your life. Follow The Metro List on Twitter @TheMetroLis

HE DECLARES, THE WORLD WATCHES WHAT HAPPENS AT THE INAUGURATION? 38 million TV viewers Obama used Abraham Lincoln's inaugural bible for president the 2009 swearing-in -George Washington's has been used five times. U.S. President Barack Obama and his family participate in a National Day of Service. million Internet Obama and Vice-President Joe Biden are officially sworn into office at a private event at the White House. 1.9 attendants in the Obama, Biden and their National Mall families participate in a traditional prayer service at St. John's Church in front of the White House. → Obama, Biden and their families ride to the Capitol. The public swearing-in ceremony takes in 2009

THE PRESIDENT'S RIDE

Barack Obama will travel in his armourplated Cadillac One limousine to Capitol Hill for his inauguration. But cars weren't always the preferred mode of transport:



George Washington took a horse-drawn carriage to Federal Hall, New York City (April 30, 1789).



Thomas Jefferson (March 4, 1801) walked to his swearing-in from his lodgings less than 300 metres from Capitol Hill.

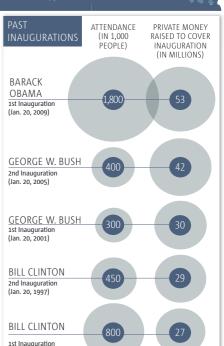


William Harrison (March 4, 1841) travelled to the Capitol by railroad from Virginia (an naugural first).



SOURCES: 2013PIC.ORG, CBS, CNN, FEC, JOINT CONGRESSIONAL COMMITTEE ON INAUGURAL CEREMONIES, LIBRARY OF CONGRESS, NIELSEN WIRE

Lyndon Johnson (Nov. 22. 1963) took his oath inside Air Force One, grounded at Dallas Love Field airport.



Worth mentioning

Dear Abby advice columnist dies at 94

Pauline Friedman Phillips, who as Dear Abby dispensed snappy, sometimes saucy advice on love, marriage and meddling mothers-in-law to millions of newspaper readers around the world and opened the way for the likes of Dr. Ruth, Dr. Phil and Oprah, has died. She was 94.

Phillips died Wednesday in Minneapolis after a long battle with Alzheimer's disease, said Gene Willis, a publicist for the Universal Uclick syndicate.

"My mother leaves very big high heels to fill with a legacy of compassion, commitment

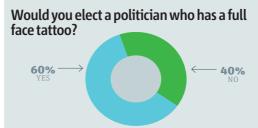


and positive social change, her daughter, Jeanne Phillips, who now writes the column, said in a statement. Pauline Phillips wrote

under the name Abigail Van Buren, Her column competed for decades with the advice of Ann Landers, written by her twin sister, Esther Friedman Lederer. The associated press

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@passportcanada is busy today in #Halifax looks like everyone wants to escape the winter!

(Jan. 20, 1993)

@ibringfood:

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@corinawalsh:

Don't know who u are, but thanks for stopping to help my husband this am. Hope #karma repays you. #halifax #sheetharbour

@Draino_22:

In Halifax when you want to get a tire fixed, you go to Canadian Tire. In Annapolis Royal, you go to Mike

@WillDietrich1:

why doesn't Halifax, a coastal city in Atlantic Canada, have a Red Lobster restaurant!? #iwantshrimp







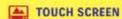


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Reel Guys

RICHARD CROUSE AND MARK BRESLIN



Aging a little too well

Crowd pleaser. The Reel Guys agreed Quartet was a nice look at old age, but ultimately couldn't stomach the ending

Richard: Mark, this could have gone one of two ways. It could've been a depress-ing look at the difficulties of growing old, or it could have turned into one of those "loveable old coot" movies. Instead, like the recent The Best Exotic Marigold Hotel, it treats its elderly characters like without real records. like vibrant, real people, even though they use walkers and have lapses of memory. Medical conditions aside, emotionally they are as rich — if not richer — than 90 per cent of the characters we see in any Katherine Heigl romantic comedy. What did you think?

Mark: Richard, they are lovable old coots, or at least high-functioning geezers. It's

an idyllic view of old age everyone has money and talent, and only a little bit of dementia, a wisp of a stroke, or a slightly malfunctioning hip. If they showed what old age was really like, the movie would be unwatchable. The great thing about the movie is the cast — and what a cast! Could Billy Connolly be more charming? Tom Courtenay more noble? Maggie Smith more ... Maggie Smith? But the film falls down in the storytelling. There's just not enough there. If you're going to cast these legends of stage and screen, you need to give them more to do.

RC: It is predictable, just this side of twee and don't get me started about the unsatisfy-ing ending. Luckily it's also a crowd pleaser due to the chemistry of the cast. I loved Billy Connolly's roguishness and the sense of real warmth that exists between all the main players. That Dustin Hoffman learned a thing or two about directing actors over the years.

The action centres around Beechham House, a luxurious retirement home for aging musicians. Three quarters of a once famous vocal quartet, Reginald (Tom Courtenay), Cissy (Pauline Collins), and Wilfred (Billy Connolly), live there quietly until their former diva, Jean (Dame Maggie Smith), arrives. Her presence stirs up old feelings from ex-husband Reggie but might also be the key to changing the fortunes of the cashstrapped retirement home.

Star ratings:

- Richard: ••••
- Mark: ••••

MB: The ending is horrible, one of the worst cheats in cinematic history. I was looking forward to those venerable actors tackling Verdi. But the scene I really enjoyed was Tom Courtenay teaching a class of visiting teenagers and trying to explain opera through comparisons with rap and hip-hop. But the entire plot revolves around the will-she-or-won't-she decision of Maggie Smith to join the quartet.

The script has her make that decision too blithely after resisting so vociferously. I just wasn't convinced. And she goes from imperious wit in her grand entrance to empathetic sensitivity way too quickly. The movie's not long. Maybe a few scenes were excised?

RC: It feels a bit like there was some unfortunate chopping, but I have to say overall the actors carried the day for me. Weak story and even weaker ending notwithstanding, it's a crowd pleaser.

MB: And it looks great. It was a pleasure spending 90 min-utes in a perfectly groomed mansion in the English countryside. When I start to lose it, make me a reserva-



Five films to watch at Sundance

The annual Sundance Film Festival begins this weekend, with Hollywood's deal makers gathering in snowy Park City, Utah, to see what might go on to become the breakout hit of 2013. The toast of last year's festival, Beast of the Southern Wild, went on to earn four highprofile Academy Award nominations, including best picture. Here's our pick of what will get the most attention at this year's fest. NED EHRBAR, MWN

Kill Your **Darlings**

John Krokidas' debut feature offers a dark glimpse into the early days of the Beat Generation and is a must-see at this year's festival, with an impressive young cast — Daniel Radcliffe, Ben Foster and Boardwalk Empire scenestealer Jack Huston – taking on Ginsberg, Burroughs and Kerouac, respectively.

Don Jon's Addiction

Joseph Gordon-Levitt is something of a Sundance darling on his own (and he's even hosting the festival's award ceremony this year), so his directorial debut - about a lothario with an addiction to online porn — is instantly a must-see. Gordon-Levitt also stars, along with Scarlett Johansson and Julianne Moore.

Jobs

This one already has a distributor — and an April release date — and is the closing night film for the festival, but curiosity over seeing Ashton Kutcher's turn as Apple co-founder Steve Jobs is a huge factor here. Early buzz has been strong, suggesting Kutcher may be able to ump from the more lightweight fare he's known for. Book of Mormon star Josh Gad costars as Steve Wozniak.

The Spectacular Now

(500) Days of Summer writers Michael Weber and Scott Neustadter are back with this probably less sunny tale, based on Tim Tharp's novel, about a hardpartying high school senior played by Miles Teller who meets an outsider played by Shailene Woodley who changes his life. Mary Elizabeth Winstead, Kyle Chandler and Jennifer Jason Leigh also star.

The East

The Sound of My Voice team of director Zal Batmanglij and writer/star Brit Marling are back with this tense tale of an FBI agent infiltrating a group of anarchists out to get corporate fat-cats and manufacturers. Ellen Page and Alexander Skarsgard also star.









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Horror



Mama

Director. Andres Muschietti

Stars. Jessica Chastain, Nikolaj

.

Tragic circumstances led to two small children (Megan Charpentier and Isabelle Nélisse) being abandoned for five years in a cabin in the woods. Rescued, they are adopted by their uncle (Game of Thrones's Nikolai Coster-Waldau) and his girlfriend (Jessica Chastain) but the question remains, who is the mysterious Mama they keep talking about? Mama has some nice subtle creepy reveals, a vivid dream sequence and, of course, the ethereal Mama who occasionally resembles a giant hairball on the floor, but is eerie nonetheless. RICHARD CROUSE

Action



The Last Stand

Director. Kim Jee-Woon

Stars. Arnold Schwarzenegger, Johnny Knoxville

. . .

It may have been nearly a decade since Arnold Schwarzenegger has led a big-screen blockbuster, but in The Last Stand, the sexagenarian is proving he's still got some fight in him. The threadbare story of a small-town sheriff determined to detain a drug lord from escaping into Mexico certainly doesn't break any new ground in the action department, but for fans of the genre, it's a welcome and winking return from the former Governator.

Drama



Rust and Bone

Director. Jacques Audiard

Stars. Marion Cotillard, Matthias Schoenaerts and Armand Verdure

. . . .

Vagrant Ali is given custody of his son when his wife is found to have used the fiveyear-old as a drug mule. Ali's irresponsible, angry and impoverished, working the criminal fringes as an itinerant security guard and wrestler, hardly the ideal parent. But he meets Stéphanie, who lost both legs in an aquarium whale attack, and discovers his selflessness, long buried. Ali and Stéphanie's stories are the dramatic bones of the film. but its heart is the shadowy figure of the little boy.

Statham strong-arms his way to the top of the action heap

Parker. Perpetually stubbly actor relishes his brawly roles — this time out he plays a crook with a heart of gold opposite JLo



NED EHRBAR Metro World News in Hollywood

With Parker, Jason Statham continues his bid to be the 21st century answer to his Expendables co-stars Sylvester Stallone and Arnold Schwarzenegger, a purveyor of action films that can be big and loud but don't have to be dumb. His latest finds him playing a crafty crook with a surprisingly strict moral code — even when faced with the likes of Jennifer Lopez.

Do you consider this in the same vein as things like the

Mechanic and the Italian Job, putting a modern spin on older action material?

You wouldn't be far wrong in saying that. Parker's a different sort of animal for me, though. He's a crook, he's a criminal. but there's something about him that makes you forgive what he's doing in some way, and I think there's an interesting aspect to that. You know, you're not supposed to like crooks or criminals. You know, he's devoted to his girlfriend. There's something about that as well. Crooks and criminals usually haven't got many morals. They do whatever they can for their ill-gotten gains... but this guy has a particular way of taking it, and he has a way of protecting what he cares about.

It's interesting, that girlfriend character, since you also have Jennifer Lopez in the movie, and people would assume, you two together on screen... You'd expect something. When's it going to go off? I know, some people will go, "Oh, I don't believe it, it's stupid. How could he resist? It's f—ing Jennifer Lopez. What, is he blind? Is he stupid?" But (director) Taylor (Hackford) was insistent on keeping this guy true to himself and him having a strength in departments where other men were weak

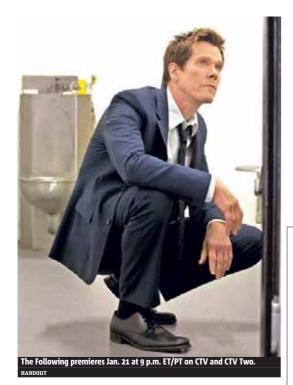
He's kind of an OCD criminal, particularly with one very detailed line he delivers before dispatching a bad

Yes! "You were supposed to torch the hay bales behind the livestock pavilion!" Boom! I love that line. I'm glad you noticed that, I loved that line. When I read the screenplay, I was like, "Oh my God, I f—ing love this guy." Right to the end, he f—ing never let that f—er forget, you know?









'I thought I'd end up on cable'

The following. Kevin Bacon talks career choices and ending up on network television



NED EHRBAR Metro World News in Holl

It's taken surprisingly long for Kevin Bacon to find his way to the lead role in a TV drama, but he's finally doing so with The Following, from Scream creator Kevin Williamson. And the biggest surprise, at least to Bacon, is that it's on network television.

"I honestly thought I'd end up on cable," says Bacon, whose wife, Kyra Sedgewick, has done well for herself in the cable world with The Closer. But Bacon doesn't mind guessing wrong about his own career.

What did the shows you ended up not doing not have that this one has?

Well, it was a couple of things. First off, I tried to develop two that didn't quite get there by the time this one came along. Sometimes they were amazing pilots and people would say to me, "Yeah, but is there really a show there?" And since I'm really not used to reading something with the eye on four years down the line or whatever, that was kind of a new thing to me. I was like, "Yeah, but it's a great script." And then other things had just strange kind of network

or cable politics around them that they just didn't fall into place, and this one did. It's hard to know.

So this one has something in it that could carry on for years, you think?

Yeah, but what do I know? A lot of times you do these types of (press events) and people talk to you a lot about, "What was the choice that went into that?" That only really makes sense if the thing is successful and embraced. Then it becomes, "Oh, that was a great choice!" I mean, look how many f--ing movies I've done, and how many of them are hits? Two per cent? Five per cent? Not a lot of them. So I've made a lot of bad choices. I'm not someone who thinks too carefully about what the long-term implications are.

You mentioned you thought you'd end up on cable when you got to TV.

Well yeah, when I first approached the idea of doing a show, yeah, I thought cable. Well, first off I went from the idea that cable was just going to be Showtime or HBO. Premium, right? And then in the course of a year or so, that's when it started to morph. All of a sudden I'm like, "Holy —, Breaking Bad is off the chain!" Look at shows that are on FX, you know. And The Closer. And now all of a sudden it's like, "Well what about Netflix?" You just do a show and there is no network. Things have changed and morphed so much.

Ripper Street is no Downton Abbey: This week on TV

Dedicated fans of the mindbending sci-fi serial Fringe will want to savour Friday's hotly anticipated finale — teasers suggest a catastrophic final battle as the crew faces the Observers. The two-hour swan song sees the team implement a plan as Olivia begins a dangerous journey into the unknown. (City)

The supernatural series Haven

airs back-to-back new episodes Friday, culminating with its Season 3 finale, Thanks for the Memories. Here, Audrey is forced to face some hard truths and make a terrible decision that will determine the fate of the mysterious town of Haven. (Showcase)

Airing Saturday, the gruesome British drama Ripper Street is far from the world of Downton Abbey. The setting here is 19th century East London and the story chronicles an atmosphere of mayhem and brutality in the wake of Jack The Ripper's crimes. Matthew Macfadyen stars as Edmund Reid, the lead inspector charged with maintaining order on London's chaotic streets. Six months after the last Jack The Ripper killing, a fragile peace emerges. But in the premiere episode, a young woman is found brutally murdered with Ripper's hallmark signs. (Space)

Silver Linings Playbook star Jennifer Lawrence detours from the awards show circuit to host Saturday Night Live, perhaps the ultimate test of celebrity stature. No doubt there will be a Hunger Games skit in the offing for the Oscar-nominated actress. She's joined by musical guest The Lumineers. (Global, NBC)

Over on Girls, Hannah gets some unsolicited musical attention from heartbroken Adam and some not-so-great opinions on her writing from her new guy on Sunday. Elijah questions his sexuality and Marnie makes a career compromise when her curatorial dreams are crushed. (HBO Canada) THE CANADIAN PRESS



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Three songs for the weekend



SOUND CHECK

When I need a shot of something interesting, I always turn to local indie scenes. Here are three recent finds.

Sweet Child O' Mine/Tashaki Miyaki

A truly great song will be great no matter who chooses to interpret it. This version of the GnR hit by an L.A. dream pop band proves my point.

Boys in the Band/Guilty About Girls

Remember Vancouver's Pure? Guilty About Girls descended from them. My only complaint about this song is that it's not long enough.

Standing Still (The Girls I Call Don't Answer...)/Danger Bees

Nerdy five-piece indie-pop band from Toronto who record for the brilliantly-named Daycare Records: Babysitting Your

Music. Gimme a fast car? **Gimme Coldplay instead**

There's something about Coldplay's music that's just so soothing, right? It's apparently more than that It's also the safest to listen to when driving.

Next time you're in your car and you buckle your seat belt and switch on your Bluetooth to avoid chatting while driving. pop in some Coldplay to ensure ultimate safety.

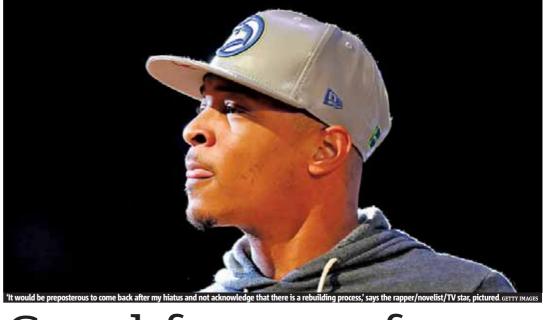
The British band's The Scientist landed on a list of "ultimate safe driving songs" compiled by Confused.com, the creator of driving app MotorMate.

The optimum music volume



for driving is 55 to 65 decibels, according to London Metropolitan University professor Simon Moore's conclusions.

MARY ANN GEORGANTOPOULOS/MWN



Good fortune for 'Trouble

Heavy is the Head.

T.I. on returning to the entertainment industry with a vengeance

G. VALENTINO

While his run-ins with the law have been the fodder for many a tabloid over the past few years, hip-hop star T.I. has staved focused on diversifying his work.

The Atlanta rapper has produced his VH1 reality show Family Hustle, written two books - Power & Beauty along with its sequel Trouble & Triumph — and through his Grand Hustle label introduced the world to B.o.B.

Now you can add the success of his latest album, Trouble Man: Heavy is the Head.

Is he worried that fans of his hard edged hip-hop will be turned off by how much he has broadened his horizons?

"It would be preposterous to come back after my hiatus and not acknowledge that there is a rebuilding process,' he says. "I'm not the same guy,

but I am cut from the same cloth. My morals, my standards are still the same. My actions and my locations might be a tad bit different but my mindset and my heart is still the same.'

The Atlanta-born rapper returned to the charts last month when his eighth album hit No. 2 on Billboard, moving 179,000 units in the first week.

"The response exceeded my expectations. I'm ecstatic that the subject matter and body of work really connected with the audience," he says. "That's an unmatched feeling for an artist.

The next challenge for T.I. is bringing together the stars of his hometown for an all-star

"As of right now I'm cultivating the relationships that will allow us to work together in that capacity," he says. "I'm making an attempt at putting together a domestic package that would allow us to go on tour: A package that will consist of myself, Trinidad James, I've spoken to Jeezy (and others). The new generation, the veterans and the OGs putting together a package that will really show the nation what this town has to offer.'















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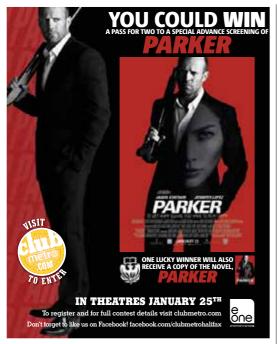
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Is Lohan working as a high-paid escort?

Lindsay Lohan has reportedly found a new way to help pay off her hefty debts. Her father, Michael Lohan, and other sources claim that the troubled actress is making money working as a high-class escort, according to Star magazine.

"She is getting paid to date rich men," Michael says, putting the blame squarely on his ex-wife, Dina Lohan. "Dina is pimping her out. It's disgusting."
But so far there are no

allegations of Lindsay providing any services more intimate than acting as arm candy.

"The dates last for days, and the guys pay for every-thing — hotel, travel costs, food, whatever — as well as jewelry and other gifts," another source tells the magazine.



Kidman not weirded out by peeing on Zac Efron

Nicole Kidman has been getting plenty of attention for her Golden-Globe-nominated role in the Paperboy thanks to an infamous scene in which she urinates on Zac Efron.

But Kidman doesn't get what the big deal is.

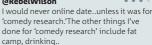
"I just don't find urination shocking. I think I

peed in the beginning of Eyes Wide Shut, too. But then, I don't find a lot of things shocking. Violence is a lot more shocking than sex — sex is primal," she tells the Hollywood Reporter.

"I felt shy singing in Moulin Rouge, but peeing - no, not shy.'



@RebelWilson





@JoshRadnor I would be a terrible matador.



Treated myself to a little mani/pedi after work today:) Relaxing now and catching up on #topchef!



@AlbertBrooks Bless me Oprah for I have sinned.

@msleamichele

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Liquid Assets

Old and new school taste



Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

French wines are a lot like David Bowie. Just when you think they've got nothing new to offer, they come out of nowhere with a brand new vibe based on their old school legacy.

While Bowie has his first album in a decade dropping in March, savvy wine lovers are rediscovering the value found across France—especially in its lesser known regions like the Côtes du Rhône. Though famous for Châteauneuf-du-Pape—its liquid love letter to the pope—many wine newbies are surprised to discover that the Rhône Valley is the original home of both the red syrah (a.k.a. shiraz) and grenache grape varieties.

Grenache dominates the southern portion of the valley, where the bright-fruited berry makes up the majority of the area's blends. Most are smooth, new worldly wines with great food appeal (think everything from hearty stews and lamb to a relaxed charcuterie platter).

Famille Perrin is a regional superstar and its grenache-led 2010 Côtes

du Rhône Réserve Rouge (\$15.95 to \$17.99) is rich and ele-

gant with licorice and wild berry aromatics and a meaty, mouthfilling body of balanced black fruit

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Chicken and Waffles add soul to brunch

Quick eats. Good food doesn't have to take forever to prepare with this delicious recipe

Chicken and Waffles combines the best of the breakfast and dinner worlds in one soul food dish made famous by the Southern U.S.

There's even a whole chapter devoted to the meal in Fried Chicken: An American Story by John T. Edge.

In it, he writes that the dish goes back to the late 19th century, when Southern African-Americans, recently freed from slavery, began migrating to the northern United States.

According to Edge: "My guess is that it comes from the days when someone would go out in the morning and wring a chicken's neck and fry it for breakfast. Preparing a breakfast bread with whatever meat you have on the hoof, so to speak, comes out of the rural tradition."

The fried chicken is usually served with a waffle that is covered in butter or syrup. This version, however, is more like the traditional Pennsylvania Dutch dish, which consists of a plain waffle with pulled, stewed

Ingredients

- 1 tbsp olive oil
- Two 4-oz containers sliced button mushrooms
- 1 medium yellow onion,
- diced
 2 cloves garlic, minced
- 1/4 cup white wine
- 1/4 cup write wille
 1 cup heavy cream
- Salt and ground black pepper
- 4 frozen waffles
- Meat from a 2-lb rotisserie chicken, warmed and shredded



chicken covered in gravy.

But it's even easier than that when you use store-bought waf-fles and rotisserie chicken.

No frozen waffles handy? You can serve this chicken and gravy over toasted slabs of sourdough bread too.

1. In a large skillet over medium-high, heat the oil.

Add the mushrooms, onion and garlic, then sauté until the mushrooms are browned and the pan is nearly dry, about 5 minutes.

2. Add the wine and stir to deglaze the pan. When the wine has evaporated, stir in the cream, then bring to a simmer. Season with salt and pepper,

then set aside.

3. Toast the waffles according to package directions. Place one toasted waffle on each serving plate. Top with a heap of warmed, shredded chicken, then spoon ample amounts of mushroom gravy over it.

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metr⊕ metronews.ca WEEKEND, January 18-20, 2013 WEEKEND

> Have a few gaps in your schedule you're looking to fill? Whether you're hoping to dance, drink or just relax, check out these hot upcoming events.





5, 6, 7, 8: Live Art **Dance Presents** The Trilogy **Project**

Choreographed by Atlantic Canada's Lesandra Dodson, The Triology Project, which runs weekend-long at the Dalhousie Arts Centre, is inspired by the drama so often inherent in human relations. Featuring the world premiere of a new choreography commissioned and performed by Mocean Dance, a gorgeous solo performed by Susan Chui, and original scores by Christine Fellows, Dodson's work is refreshing enticement for the imagination. liveartproductions.ca.



Stretch it Out: The Strain

Just a wee heads up that these Quebec-born, indie rockers are making a stop in Halifax Monday night at The Carleton. The band, who took home the grand prize for the Ottawa Live 88.5 FM Big Money Shot this past October, will be touring Canada in support of their recent EP, Hush Hush, kicking things off in Charlottetown this past Wednesday. The band is excited to take on their first east coast tour. Visit: thecarleton.ca.



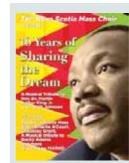
Tune In: Whale Rescue

Premiering this Sunday on CBC TV's Land & Sea, Whale Rescue is a half hour documentary that follows the Marine Animal Response Society as they protect marine life. Trivia: Atlantic Canada is home to more than 20 species of marine mammals. Unfortunately. each year there are dozens of cases reported of these majestic marine animals getting tangled in fishing gear or becoming stranded on a beach.



Get Fit, Have Fun: OptiMYz Live **Fitness Expo**

The pages of OptiMYz Magazine come to life at the OptiMYz Live Health Expo, being held this weekend at Exhibition Park. For only \$10, come join in on everything to boot camps to cooking demos during this information-packed health, fitness and lifestyle show. Quick: Google "Tommy Europe." Yeah. He'll be shredding it up all day Saturday. With hundreds of exhibitors, including an Olympic panel, come see how this Expo can help you keep to your New Year's resolutions. Visit optimyzlive.com.



Sing out Proud:

The two-time ECMA Award-winning multicultural gospel choir, The Nova Scotia Mass Choir, proudly presents 10 Years of Sharing the Dream, a musical tribute to Rev. Dr. Martin Luther King Jr. & Dr. Ruth Johnson. Featuring local artists including Charlie A'Court and Shauntay Grant, this concert marks an early celebration of Martin Luther King Jr. day, which takes place on Monday. Visit nsmasschoir.com.



Here comes the bride: Halifax **Grand Bridal** Show

More than 100 bridal exhibitors and sponsors are unloading their tips, tricks, deals and designs this Sunday at The Cunard Centre. This Atlantic Wedding Showcase is a locally produced bridal show. As one of the largest of its kind 'round these parts, it is guaranteed to be one fun-filled day. View the most incredible photography, breathtaking floral designs and fabulous samples as you stroll throughout the bridal show. Visit atlanticwed dingshowcase.com.

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NHL

Sheppard signs deal with Sharks

James Sheppard has

landed a new contract.
Metro has learned the
Lower Sackville forward
has signed a one-year,
two-way contract with
the San Jose Sharks for
\$825,000.

The restricted free agent was playing this season for the American Hockey League's Worcester Sharks on a minorleague contract.

The former ninth overall pick of the Minnesota Wild missed most of the past two full seasons after suffering a serious knee injury in an off-season all-terrain vehicle accident in 2010.

In 34 games this season for Worcester, the 24-year-old has eight goals, 23 points and 52 penalty minutes.

Sheppard has played in 224 NHL games during his career, all with the Wild.

NBL Canada

Rainmen deal Smith for cash

The Halifax Rainmen made a trade on Thursday.

day.

The National Basketball League of Canada team dealt guard Eddie Smith to the Windsor Xpress for cash. The amount of money the Rainmen received wasn't disclosed.

Smith, a former league all-star and playoff MVP, was put on injured reserve with a sore knee by the Rainmen on Nov. 14.

Halifax will face the Xpress Friday night as part of a two-game road trip to Ontario. On Wednesday, they opened the trip with an overtime loss to the Oshawa Power.

On Sunday, Halifax is home to the Moncton Miracles at 2 p.m. METRO

Moose, Remparts to revisit rivalry

Q power. Halifax tops in QMJHL, Remparts tied for sixth overall



PHILIP CROUCHER

The Halifax Mooseheads better be up for this one, because you know the Quebec Remparts will be.

Friday night in Quebec City marks the first meeting of the season between the Mooseheads and Remparts, a rivalry that went to the next level in last year's playoffs when Halifax rallied back from down 3-0 to win their best-of-seven quarterfinal series.

"It's always fun to play the Remparts," Mooseheads head coach Dominique Ducharme said Thursday. "Last year's regular-season games were solid, fun games. And obviously in the playoffs, we beat them."

Friday's meeting is one of only two this season, with the other coming Saturday, Jan. 26 at the Metro Centre in what is sure to be a sellout.

But the Remparts aren't the only challenge facing the Mooseheads this weekend. The game marks a stretch of three road games in three days, with other games Saturday in Sherbrooke and Sunday against the Blainville-Boisbriand Armada.

The Mooseheads go into the weekend with the best road record in the league at 15-3-1-1.

"Anytime you play three games in three nights, it's a challenge," Ducharme said. "But we like being involved in those type of challenges."

Ducharme said Zach Fucale will get the start in goal Friday against Quebec.



Ice time

Fatigue a worry for stars

After Wednesday's CHL Top Prospects game at the Metro Centre, Halifax Mooseheads forward Jonathan Drouin admitted to there being "a little bit of fatigue" with the amount of hockey he's played the past several "For sure I've been through a lot, but I think I'm good now," he told reporters.

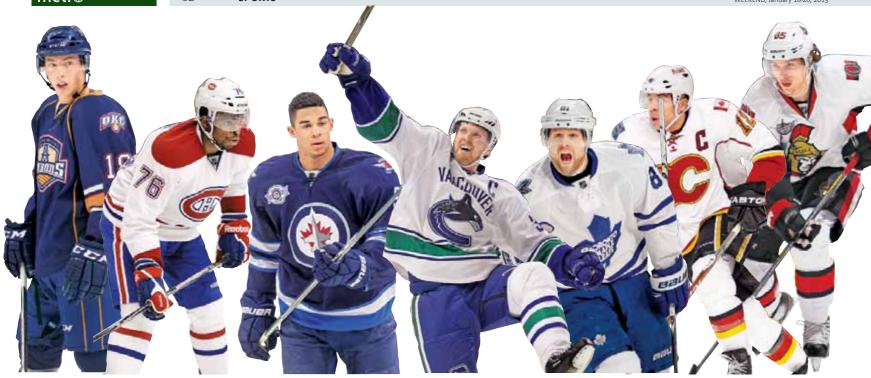
Still, it remains an area of concern for the Moose-heads, with both Drouin and Nathan MacKinnon playing at world juniors, then spending this week practising and playing in the top prospects game.

Drouin and MacKinnon were with their teammates Thursday for the 10-hour bus ride to Quebec and head coach Dominique Ducharme said he plans to have both in the lineup for all three games.

"We'll take it one day at a time and when we get back from the trip, we'll adapt our plans to have them fresh and ready for playoffs at the end of the year," he said.



metre 32 SPORTS metronews.ca WEEKEND, January 18-20, 2013



At long last, let the (on-ice) games begin

48-game dash. After all the negotiations, teams with little turnover may have leg up in shortened season

The 48-game sprint of a hockey season hasn't even started, and NHL players are already winded

There is very little in terms of a blueprint on how to prep for a lockout-shortened season that will be crammed into just 99 days after less than a week of training camp.

But ready or not, the puck

But ready or not, the puck will drop on Saturday and there is a small margin of error as every game now carries extra weight.

"It's not a grind. We want this," said Columbus Blue Jackets president of hockey operations John Davidson, a former NHL goalie. "We've been waiting months for this, to have this puck drop and hear the skates, bodies banging and guys with lots of energy.

"Coaches have had months and months and months to get ready. It's all good."

Teams aren't flying completely blind because this is the second time a long NHL lockout forced a season to be cut from 82 games to 48 per

team. Back in 1995, the New Jersey Devils and Detroit Red Wings made the most of their opportunities and reached the Stanley Cup final.

"It feels like we just came out of an All-Star break or something like that. We've got the same team," Phoenix Coyotes coach Dave Tippett said. "The guys understand what we're trying to do. We don't have to put a lot of time explaining terms or what we're going to do."

The Pittsburgh Penguins

are trying to tap into the past to get a leg up now. Player development coach Bill Guerin was a member of those 1995 Devils, who got into the playoffs as the No. 5 seed in the Eastern Conference and rode the wave to a sweep of the Red Wings for the champion-

ship.
"They didn't start well.
They were starting under
.500 their first segment,"
Penguins coach Dan Bylsma
said. "They were a team that
did have a lot of veteran ex-

perience, and we've talked to Billy about his experience, and how the team came back, and how they rotated players in and out of the lineup, how the goalie was played, what the talk in training camp was."

History suggests clubs that rush into this season without having to rely on nametags might already have an edge.

"We can look at that as a positive for sure," Penguins captain Sidney Crosby said. "Guvs understand their roles and what they need to do, and there's trust there. Maybe with some newer guys you have to develop that a little bit more, but I would say it can't hurt. It certainly helps a little bit to have that familiarity."

The Buffalo Sabres are in a similar position. Even though they failed to reach the playoffs last season, they are returning a core of players that surged to a 15-5-4 finish that left them just short of a post-season spot.

Only Brad Boyes isn't back

Only Brad Boyes isn't back with this crew of hungry Sabres. Buffalo coach Lindy Ruff doesn't have to teach his system, so his focus this week has been on conditioning and getting his club ready to jump into game action.

"We're going to concentrate on trying to ramp up tuning the body and getting ready for a real hard compete." he said.

Ruff, who has been behind the Sabres bench since 1997, can harken back to his own experience as an assistant coach in 1995 with the Florida Panthers.

"I remember going into it, you just thought every game meant so much," Ruff said. "I think what you have to really be careful of is not putting too much into the wins and not putting too much into the losses.

"Try to keep a pretty level ground." The ASSOCIATED PRESS

Survey results

Canadian hockey fans loyal to NHL, poll finds

NHL commissioner Gary Bettman's assessment of the loyalty of hockey fans appears to be borne out by a new poll, at least for the hardcore north of the 49th parallel.

The Canadian Press
Harris-Decima survey suggests a strong majority of
Canadian hockey followers
will keep watching when
NHL games return this
weekend after a threemonth lockout by team
owners

Owners.

The poll found that two out of three respondents

— 66 per cent — say they'll watch about the same amount of hockey as in the past, while just under one in four — 23 per cent — say they'll watch less.

"I think the poll sup-

"I think the poll supports the conventional wisdom of the fans, that the lockout has hurt the game," said pollster Allan Gregg, chairman of Harris-Decima.

"Who it's going to really, really hurt is the occasional fan, and that's not an insignificant chunk of the total population."

The NHL's third lockout in 20 years prompted a lot of loud complaints that the game's best customers were being taken for granted and led to threats of fan boycotts.

Yet among the most avid NHL followers, the survey found that 69 per cent said they'll watch about the same amount of hockey.



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Less than a cup won't be enough

Only one winner.

Handful of teams have gone all-in looking for chance at Stanley Cup

The New York Rangers made a big push in trading for Rick Nash to improve their chances of winning a championship for the first time since

"It's the right time for him to be here with us," Rangers coach John Tortorella said.

On the opposite side of the continent, the Vancouver Canucks can't wait to resume the franchise's quest for its first cup when the lockoutdelayed season starts Satur-day night at home against Anaheim.

The Chicago Blackhawks and Pittsburgh Penguins are also feeling a sense of urgency to win it all again.

And advancing one round in the playoffs isn't enough anymore for the Nashville Predators, who raised the stakes by matching a 14-year, \$110-million contract to keep star defenceman Shea Weber.

Even though the Predators don't have the best defensive pair in the league anymore, with Ryan Suter join-ing fellow free agent Zach Parise in Minnesota, Nashville expects to try for more than just a third straight trip to the Western Conference semifinals.

'Without a doubt, the ultimate goal is the Stanley Cup," said Weber, who was wooed by the Philadelphia Flyers with a long and lucrative offer sheet as a restricted free agent last summer.

"And to do that, you have to make the post-season. Anything can happen, as we all witnessed with Los Angeles last year.'

The Kings, seeded eighth, started by knocking off the top-seeded Canucks in the West and finished with a 6-1 rout of the New Jersey Devils

in Game 6 of the final. That's why Detroit Red Wings general manager Ken Holland, who is hoping to help the franchise extend its post-season streak, said it's not realistic for there to be a lot of pressure on any one team to win it all.

"The cup contenders will be the 16 teams that make the playoffs," Holland said while watching his team prepare on the ice earlier this week for a 48-game regular season

"The eighth seed won the Stanley Cup against the sixth from the East. The days in the



the league." Detroit Red Wings general manager

"It's wide

1990s and early 2000s when the top teams had easier runs in the early rounds are over."

It won't be pretty, though, in some cities if the results are anything short of a championship.

The Rangers made a long run in the post-season, six games into the Eastern Conference final against New

The Rangers also played in the Eastern Conference final in 1997. Those two post-seasons are the team's longest since beating the Canucks in Game 7 of the 1994 Stanley Cup final. That was the year before the last lockout-shortened season.

New York led the East with 109 points last season with Marian Gaborik and Brad Richards leading up front and goaltender Henrik Lundqvist having the best year of his ca-TEET. THE ASSOCIATED PRESS

Expected to be exceptional

Shortened training camps are nearing an end for the NHL's 30 teams as they prepare for the truncated regular season. The puck drops on Saturday. Here is a look at six NHLers to watch this season:

THE CANADIAN PRESS

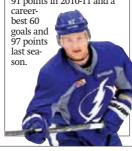


Sidney Crosby

Sid's not a kid anymore. The Penguins centre is 25 now and hoping to stay healthy this year. Crosby missed most of the last two seasons due to post-concussion syndrome. He posted impressive numbers in limited action last season (37 points in just 22 games) and says he's no longer dealing with concussion-like symptoms.

Steven Stamkos

Stamkos has been a rock for Tampa Bay since the Lightning selected him with the first overall pick of the 2008 draft. He had 46 points as a rookie before blossoming as a sophomore with 51 goals and 95 points. Stamkos has kept up the pace with 91 points in 2010-11 and a





Cory Schneider

The goaltending drama is an evolving soap opera in Vancouver and it's showing no signs of slowing down. Schneider took over the starting spot from Roberto Luongo and is a good bet to see the bulk of the playing time this season. Schneider posted a 20-8-1 record last season with a 1.96 goalsagainst average. He'll be eager to prove he deserves his status as the team's goto guy in net.

Rick Nash

The Broadway spotlight will be shining on the five-time all-star forward, who finally gets a crack at playing for a contender after years in Columbus. Nash was dealt to the Rangers last summer and could be the piece to get them over the hump



Suter in the off-season, signing them to whopping \$98-million US, 13-year deals. Season-ticket sales went up along with ex-pectations. The Wild have missed the playoffs for four straight seasons. Parise gives the team a consistent offensive weapon and he thrives when the pressure

Henrik Zetterberg

Talk about big shoes to fill. Zetterberg will wear the "C" for Detroit with previous captain Nicklas Lidstrom retired. Zetterberg is coming off a team-leading 69-point campaign. Zetterberg's main goal leading the Red Wings to the playoffs for the 22nd straight season

metr⊕ **SPORTS**

Australian Open

Kerber wins on her birthday

Angelique Kerber survived some nervous moments before fending off Amer-ican teenager Madison Keys in the third round of the Australian Open, then got to blow out the candles on a cake to celebrate her 25th

Fifth-seeded Kerber won 6-2, 7-5 on Friday to move into the fourth round, further than she's gone in six trips to the Australian Open.

Local organizers brought Kerber a cake onto the court immediately after the match and the crowd at Rod Laver Arena sang Happy Birthday. She said thank you to the crowd and

to 17-year-old Keys. "Madison is a great young player and it was very tough," said Kerber, a semifinalist last year at Wimbledon. "So happy I won today on my birth-day!" THE ASSOCIATED PRESS

MLB

Blue Jays unveil shortstop Reyes

He's a four-time all-star, a National League batting champion and the New York Mets all-time leader in triples and stolen bases.

But Jose Reyes wasn't the focal point of the blockbuster 12-player trade that made him a Toronto Blue Jay in November. On Thursday, the club offi-cially unveiled its new star shortshop. However, when GM Alex Anthopoulos first called the Miami Marlins about making a deal, it initially involved pitchers Josh Johnson and Mark Buehrle.

Reyes sported a broad smile as he spoke to repor-ters in Toronto and said he's anxious to begin a new chapter in his career with a new team in a new country.

"(In Toronto) the team we're going to put on the field is going to be good. I can't wait.'

THE CANADIAN PRESS

Armstrong finally comes clean on doping

Confession. Disgraced former Tour de France winner dodges few questions in televised interview with Oprah

He did it. He finally admitted it. Lance Armstrong doped.

He was light on the details and didn't name names. He mused that he might not have been caught if not for his comeback in 2009. And he was certain his "fate was sealed" when longtime friend, training partner and trusted lieutenant George Hincapie, who was along for the ride on all seven of Armstrong's Tour de France wins from 1999-2005, was forced to give him up to anti-doping authorities.

But right from the start

and more than two dozen times during the first of a two-part interview Thursday night with Oprah Winfrey on her OWN network, the disgraced former cycling champion acknowledged what he had lied about repeatedly for years, and what had been one of the worstkept secrets for the better part of a week: He was the ringleader of an elaborate doping scheme on a U.S. Postal Service team that swept him to the top of the podium at the Tour de France time after time.

"I'm a flawed character," Did it feel wrong?



old-medallist Viacheslav Ekimov, centre, and silver-medallist Jan Ullrich. The IOC has stripped Armstrong of his medal

"No," Armstrong replied.

"Scary."
"Did you feel bad about it?" Winfrey pressed him.

"No," he said. "Even scarier.

"Did you feel in any way that you were cheating?"

"No," Armstrong paused. "Scariest."

"I went and looked up the definition of cheat," he added a moment later. "And the definition is to gain an advantage on a rival or foe.

Medal stripped

The International Olympic Committee sent a letter to Armstrong on Wednesday night asking him to return the bronze medal he won at the 2000 Sydney Olympics.

I didn't view it that way. I viewed it as a level playing

Wearing a blue blazer and open-neck shirt, Armstrong was direct and matter-offact, neither pained nor defensive. He looked straight ahead. There were no tears and very few laughs.

He dodged few questions and refused to implicate anyone else, even as he said it was humanly impossible to win seven straight Tours

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without doping.

"I'm not comfortable talking about other people,"
Armstrong said. "I don't want to accuse anybody."

Whether his televised confession will help or hurt Armstrong's bruised reputa-tion and his already-tenuous defence in at least two pending lawsuits, and possibly a third, remains to be seen. Either way, a story that seemed too good to be true cancer survivor returns to win one of sport's most gruelling events seven times in a row — was revealed to be just that.

THE ASSOCIATED PRESS



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Lance Armstrong after admitting he used performance-enhancing drugs

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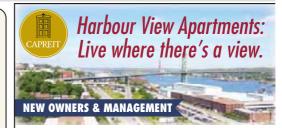
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- UPSCALE CITY LIVING -

BY KELLY ANN BUCHANAN

59

T Aries

March 21 - April 20

Certain goals may seem to be out of your reach but they are not. The planets are urging you not just to aim high but to aim higher than ever before. All things are possible if you want them enough.

Taurus April 21 - May 21

You seem reluctant to put your point of view across. Why is that? If you have something of value to say, you have not just a right but a responsibility to speak up. So speak up.

Il Gemini May 22 - June 21

It may appear as if someone you work or do business with has been cheating you but can you be sure? The planets warn you cannot trust your senses today, so err on the side of caution and don't make accusations

9 Cancer June 22 - July 23

You won't have any trouble getting others to back your ideas today but you may be in trouble later on if they don't work out the way you expected. For that reason alone make it clear there are no

Ω Leo July 24 - Aug. 23

guarantees

Some kind of habit is holding you back and it's time you got past it. Simply stopping won't do it - vou've tried that before. The trick is to replace a bad habit by a good habit.

W Virgo Aug. 24 - Sept. 23

Avoid poking fun at people in positions of power, no matter how tempting it may be. Laughter is only the best medicine if it is the kind that everyone can share in. Anythina else could be dangerous today.

Sept. 24 - Oct. 23

Don't take what you are told at face value. Check the facts for vourself. What others say may sound convincing but more likely it's just self-serving. Do your homework and avoid making costly mistakes.

M Scorpio

Oct. 24 - Nov. 22

You may be resentful that changes of one sort or another have been forced on you but there is no point making a fuss. The best you can do is to go with the flow and not draw attention to yourself.

🗷 Sagittarius Nov. 23 - Dec. 21

Resist the temptation to talk up the facts as others may see that as a form of deception. It may be easy enough to do but in the long-term you will regret it. Protect your reputation for honesty at all costs.

17 Capricorn

The planets warn that your powers of intuition are on the blink and not to be trusted, at least for the next 24 hours. Stick to what you know to be true and in other matters be exceptionally cautious.

Aquarius Jan. 21 - Feb. 19

Try not to let your fears get out of hand over the next 24 hours. Take your mind off your worries by focusing on all the things you have to be thankful for. That should keep you busy for a while.

H Pisces

Feb. 20 - March 20

Those who think highly of you will help you out in any way they can today, but first you must ask. The Sun's link to communications planet Mercury means your wish is their command. So wish away. SALLY BROMPTON

Crossword: Canada Across and Down

- 6. Task

- 26. Got [abbr.]
- 31. Herring-like fish
- 32. Open court hearings
- 38. Mr. Reed
- 43. Psychedelic†drug
- 44. Not is
- 47. Pretend

- 52. 'Part' add-on (Collaborator)

- 57. Irish actor Stephen
- 61. Green-haired Canadian icon:

- liams play)
- Kagan
- 70. Fraternity letter
- Down

- 9. "__ la vista, baby." The Ter-minator
- 15. BC's Revelstoke, for one: 2 wds.
- Trouble"
- 19. 'Legal' suffix
- 23. Reporter on "etalk", Traci ___

- 34. Formula
- 36. Endorse
- 40. Ducks city

- 51. Bronze Roman money

- 55. Green tropical fruit ...partially
- eaten here
- 58. Li'l accounting review
- 3 wds.
- 68. The Glass __ (Tennessee Wil-
- 69. US Supreme Court Justice Ms.
- 71. Wine aperitif
- 72. Singer/songwriter Sarah
- 1. Ms. Falco
- 2. Says it's hunky-dory

- 1. Toronto Centre
- 14. CBC's "Republic of __"
- 17. Taylor Swift's "You Were
- 18. On the costume of Bruce
- Wayne's alter ego: 2 wds.
- 20. Extinct bird
- 22. "The Simpsons" storekeeper
- 29. Jolt

- 39. __-locka, Florida
- 42. 'Serpent' suffix
- 45. __, Nova Scotia
- 49. Destiny's Child hit: "Say My
- 53. "Deuce __: Male Gigolo"

- 66. Jennifer or Meg
- - 10. Bruce Springsteen album:
 - 'Greetings from __ Park N.J.'
 - 11. Pine-

19

39

43

62

3. Actress Ms. Daly

4. Grand Opry link

(b.1685 - d.1750)

7. Quebec-made cheese

5. "Brand ____" by Alicia Keys 6. German composer, in brief: ___

12. Green Day drummer, __ Cool 13. 24-hr. banker

8. Smidgen

9. Rope fiber

16. Back 21. Mary-Kate and Ashley 23. Hosp. picture

64

18

41

36

37

20 21

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44

56

- 24. Twitter's # 25. Garfield's pal
- 27. Chanteuse Ms. Dion
- 28. Pilotless aircrafts
- 29. Carly Rae _
- 30. Evangeline: A Tale of __ (Henry Wadsworth Longfellow poem)
 32. Les Miz song: "__ Own": 2 wds.
- 33. Chop _ 34. Massage for therapy
- 35. Rapper T-37. Ms. Bundchen
- 41. Years, in old Rome 46. Stealing bird

- 48. Alexander Bell 50. Sharpie product
- 53. Music systems company 54. Hall &
- 56. "Luka" singer Suzanne
- 58. Helm position
- 59. Forearm bone 60. Ms. Cannon
- 61. First aid team [acronym] 62. Agnus __ (Mass prayer)

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- 63. 1987 to 1994 'Star Trek' series, to fans
- 65. Nero's 102 67. __-advised

Vesterday's Crossword

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Saturday ** 1 /-2 L * Light snow

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How to play row, every column and

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6	2	5	3	4	7	8	1	9
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7	3	6	-5	9	8	1	4	2
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Fill in the grid, so that every every 3x3 box contains the digits 1-9. There is no math involved.

Vostorday's Sudoku

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69

72

64. Mork's planet

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6

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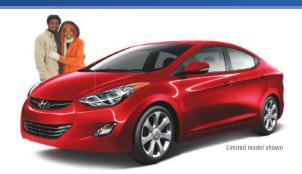
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